A photograph of a farm scene. In the foreground, a large, fluffy white sheep stands prominently, looking towards the camera. To its left, a smaller white lamb is visible. In the background, several cows of different colors (black, brown, and white) are standing behind a wooden fence. The field is lush green, and the overall scene is bright and clear.

Natural remedies to control *Haemonchus contortus* and *Fasciola hepatica* parasitic infections in ruminants in the Netherlands

Living with parasites

-- By ACT team 2649-A

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Table of contents

- Introduction
 - Problem statement
 - Research question
 - Parasites of interest
- *Haemonchus contortus* (barber's pole worm)
 - Promising herbs
- *Fasciola hepatica* (liver fluke)
 - Promising herbs
- Herb mixtures
- Conclusion
 - Alternative methods
 - Outcome research
- Recommendation for the future



Problem statement

- Resistance development
- Production losses due to infections
- Potential effect on soil health
- Alternative methods
- -> Natural remedies



Research question

- Which **natural remedies** and practices for **internal parasites** in ruminants have the most potential, and how can these be **applied** by farmers in the Netherlands in the future?

Methods

- Interviews
- Literature study

Parasites of interest

***Haemonchus contortus* (barber's pole worm)**

- Most economically important parasite in the Netherlands
- Blood-sucking parasite
- Common in June, July and August
- Adaptable to a wide range of environments
- Present in abomasum

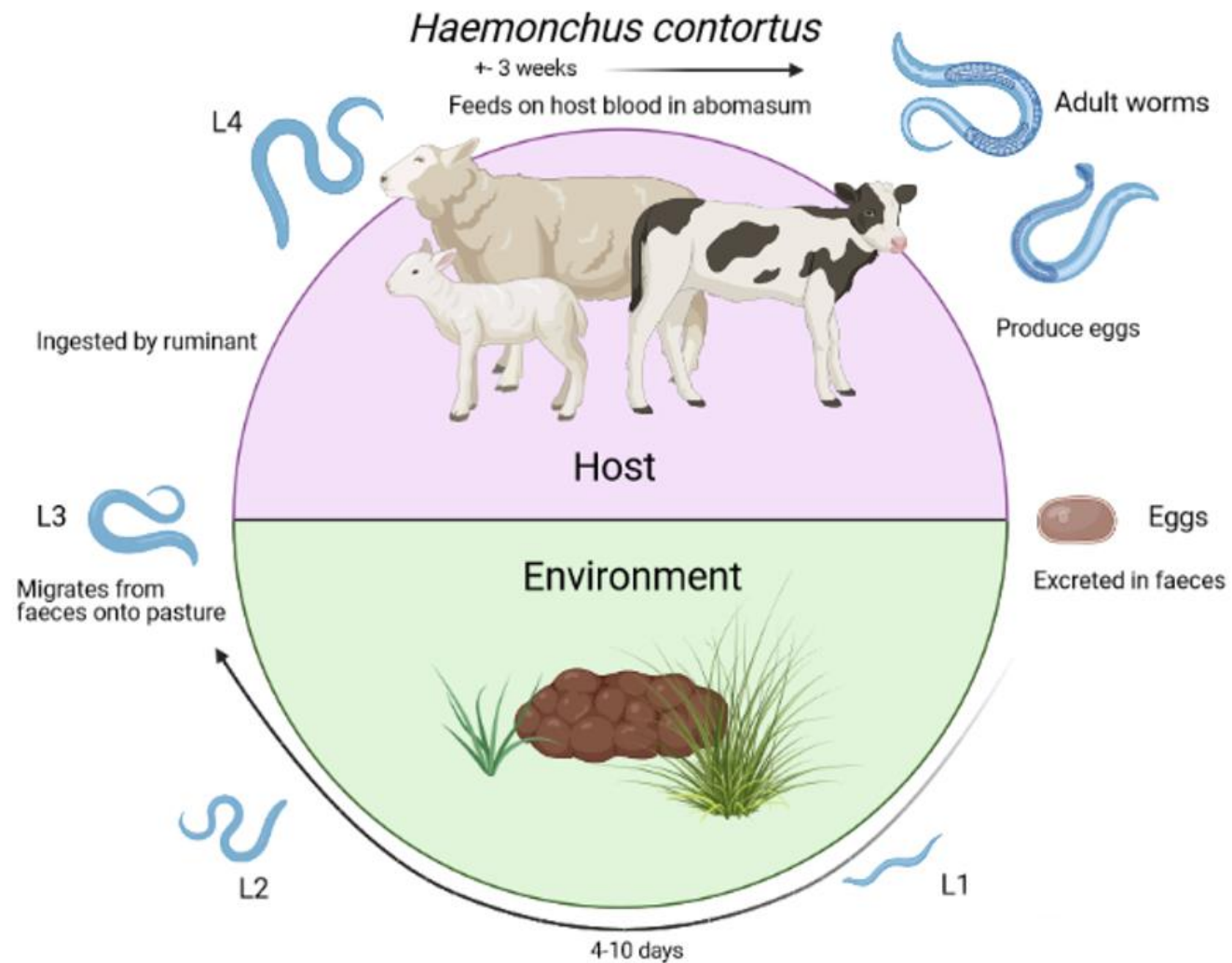


***Fasciola hepatica* (liver fluke)**

- Causes health problems that have economic consequences
- Problem in wet areas worldwide
- Wide range of host species
- Present in the liver



Haemonchus contortus (barber's pole worm)





Cichorium intybus L. (chicory)

+ Literature: decreased faecal egg count*,
decreased worm count^(ns)

+ Application: in pasture or separate field
(mowing)

- Broad leaves that take relatively a lot of
space, which could hamper productivity of the
pasture

(Heckendorn, Häring, Maurer, Senn, & Hertzberg, 2007)



Onobrychis viciifolia (sainfoin)

+ Literature: decreased faecal egg count^{1*2*3*4*},
decreased worm count^{1*2(ns)3(ns)}.

+ Application: In pasture or separate field
(mowing)

- Persistence and establishment in pasture
challenging



Lotus corniculatus (birdsfoot trefoil)

+ Literature: decreased faecal egg count^{1*},
decreased worm count^{1(ns)2*}, less blood loss^{2*}

+ Application: In pasture, mix with less
competitive grasses and weeds

- Persistence and establishment in pasture
are challenging

1 = (Heckendorn, Häring, et al., 2007) 2 = (Mata-Adrino et al., 2019)



Lespedeza cuneata (Chinese bush-clover)

+ Literature: decreased faecal egg count^{1*2*},
decreased worm count^{1(ns)}, less blood loss^{1*}

+ Application: fed in hay, low palatability when fed
fresh

- This herb is a noxious weed in parts of the US

1 = (Lange et al., 2006) 2 = (Erika et al., 2017)



Cymbopogon citratus (lemongrass)

- + Literature: essential oil, decreased faecal egg count^(ns), decreased worm count*
- + Application: add in herb mixture, good palatability
- + Other comments: need study on pasture feasibility

(Macedo et al., 2019)



Promising herbs to control *Haemonchus contortus*

Implement in pasture



Chicory



Sainfoin



Birdsfoot trefoil

Implement in feed



Chinese bush-clover



Lemongrass essential oil

Harder to implement



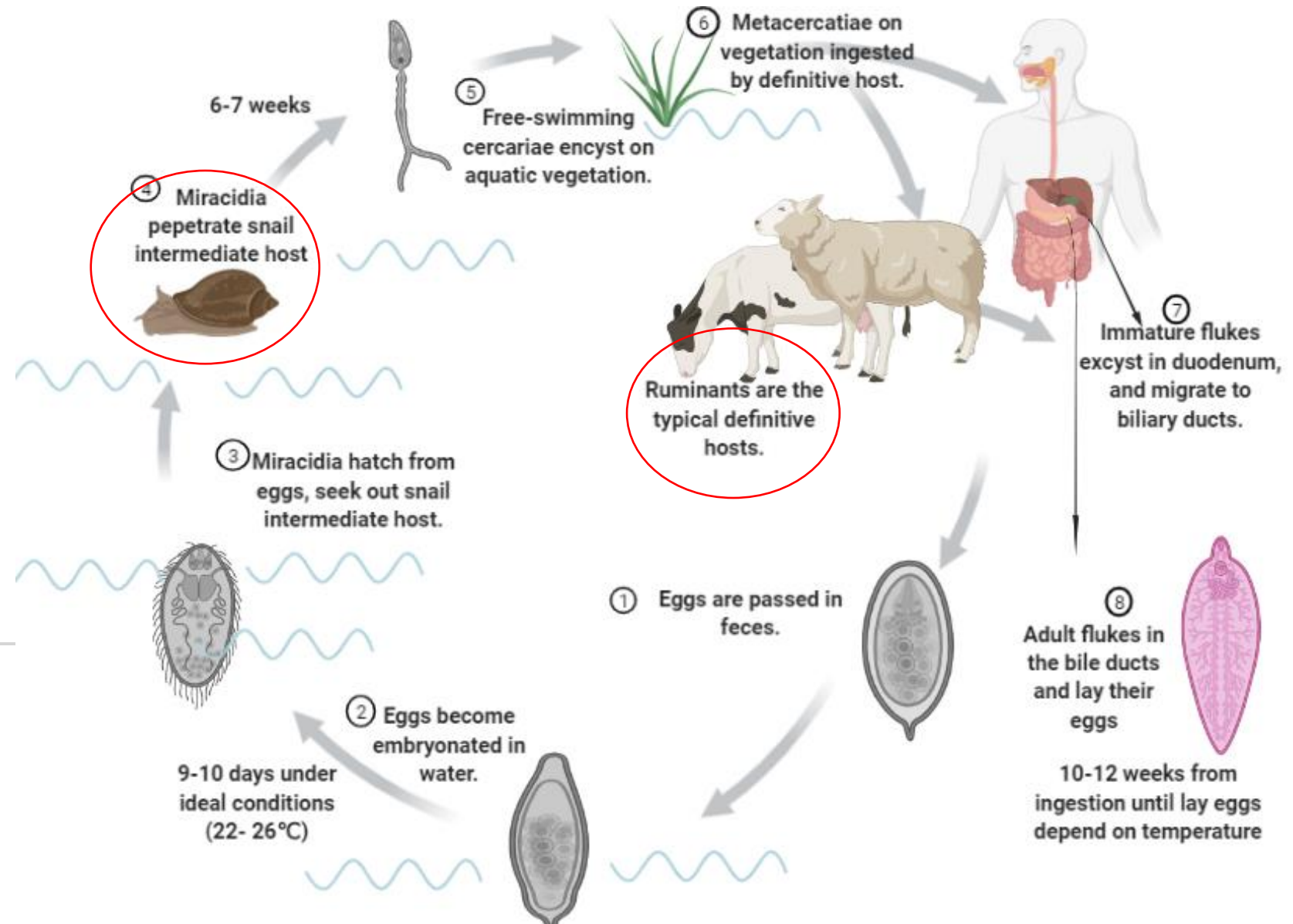
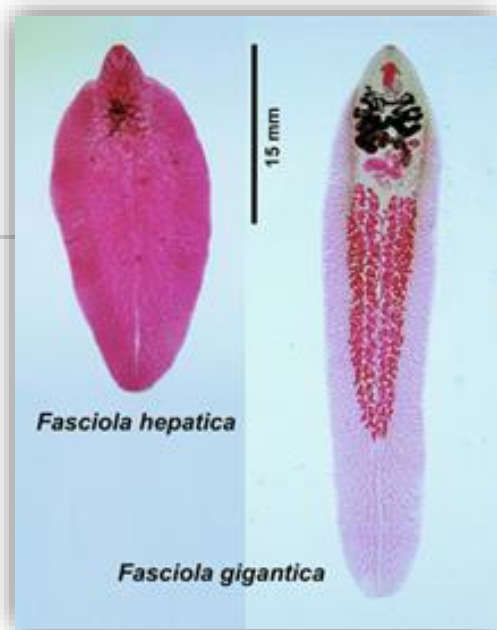
Hedera helix
(Hederae folium)¹



Artemisia absinthium
(Wormwood)²

1 = (Eguale et al., 2007) 2 = (Valderrábano, Calvete, & Uriarte, 2010)

Fasciola hepatica (liver fluke)



Targeting the intermediate host

Snails:

- In the Netherlands: *Galba truncatula* (dwarf pond snail)

Promising herbs:

- *Allium sativum* (garlic)^{1*}
- *Areca catechu* (betel nut)^{2*}
- *Cuminum cyminum* (cumin)^{3*}

1 = (Sunita & Singh, 2011) 2= (Jaiswal and Singh., 2008) 3= (Sousa et al., 2017)





Nigella sativa (black cumin)

- + Literature: decreased faecal egg count^{1*2*}
- + Application: powdered seeds mixed with wheat bran and then fed to animals (drench)
- + Produced on large scale in other countries
- *In vivo* studies done on buffaloes

1 = (Kailani, Akhtar, & Ashraf, 1995) 2 = (Maqbool et al., 2004)



Moringa oleifera (drumstick tree)

+ Literature: decreased faecal egg count^{1*2*} and adult flukes^{2*}, improved body weight gain^{1*} and liver condition^{2*}

+ Application: leaf and seed extract added as supplemental feed

+ Produced on large scale in other countries

- Cannot be produced in the Netherlands

1 = (El Shanawany et al., 2019) 2 = (Kandil et al., 2018)





Fumaria parviflora (fineleaf fumitory)

+ Literature: decreased faecal egg count^{1*2*3*}
improved body condition³

+ Application: in pasture, or in powders mixed
with wheat bran and then fed to animals

- Persistence and establishment in pasture
are challenging.



1 = (Maqbool et al., 2004) 2 = (Mushtaq et al., 2015) 3 = (RANA, 2015)



Promising herbs to control *Fasciola hepatica*

Implement in pasture



Fineleaf fumitory

Implement in feed



Black cumin



Drumstick tree

Harder to implement



Albizia anthelmintica
(worm-cure Albizia)¹



Balanites aegyptiaca
(desert date)¹



Caesalpinia crista
(crested fever nut/nicker nut)^{2,3}

1= (Koko et al., 2000) 2= (Maqbool et al., 2004) 3= (Mushtaq et al., 2015)

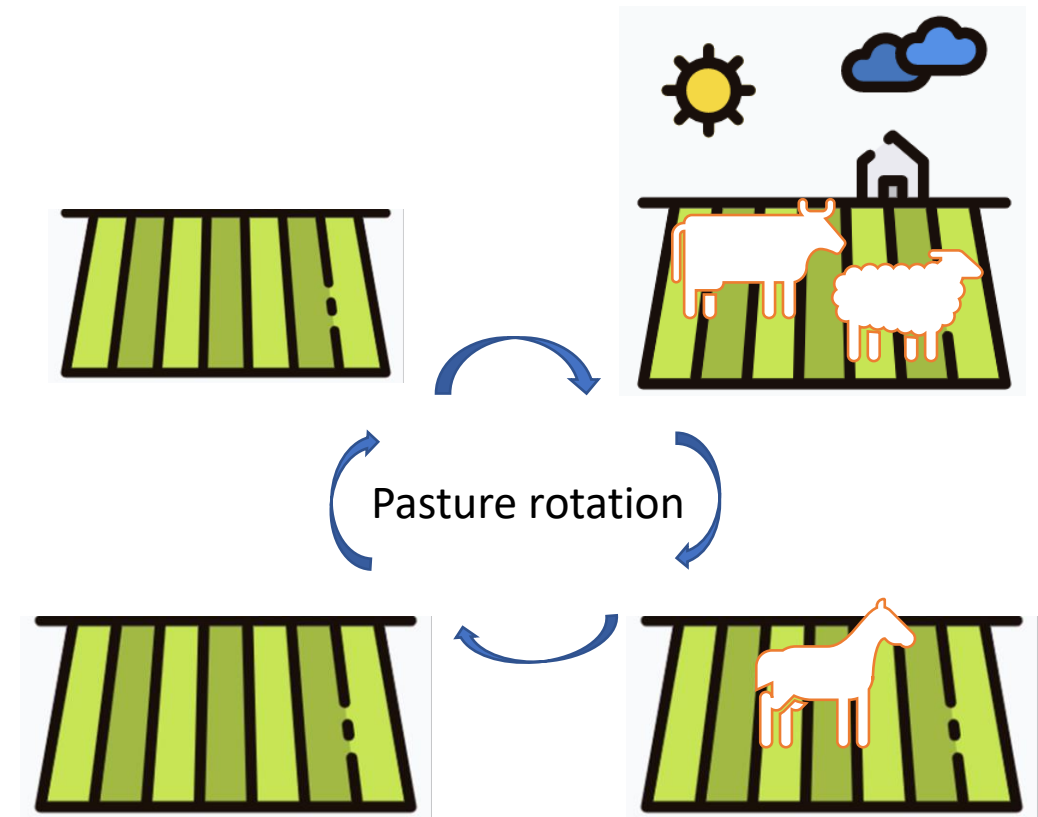
Herbal mixtures

- + Each herb own mechanism¹
- + Synergy²
- + Improve immunity³
- Dose needs to be obeyed⁴

1 = (Walkenhorst, 2021) 2 = (Mravčáková et al., 2019) 3 = (Mravčáková et al., 2021) 4 = (Wang, 2021)

Alternative methods

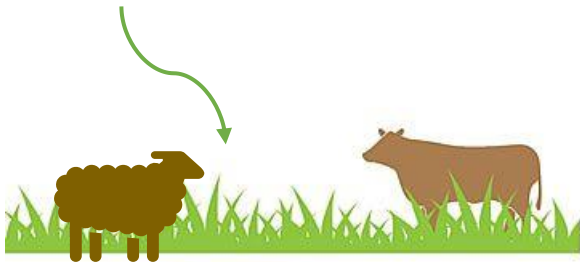
- a) Coexistence between parasite and host
 - Old friends hypothesis
- b) Pasture rotation / mixed grazing
- c) Grass management
 - Wet
 - Density
 - Fungi
 - Faecal egg count
- d) Breeding
 - Resilience



Research outcome

Herbs in pasture

- Chicory
- Sainfoin
- Birdsfoot trefoil
- Fineleaf fumitory



Silage and Hay



Herbs in feed

- Chinese bush-clover
- Lemongrass essential oil
- Black cumin
- Drumstick tree
- Hederae folium
- Wormwood

Herb mixtures & knowledge

- Chinese
- Indian
- Pakistani
- German





Recommendation for the future

- Research on **effectiveness, dosage** and **composition** of herb **mixtures**
- Research on **synergy** between herbs in **mixtures**
- Look **internationally** at herb mixtures & knowledge, how to import this to the Netherlands



Questions?



General information

Quchongsan --> general internal parasites

- + Literature: decreased faecal egg count^{1*2*}, decreased worm count^{2*}, increased liveweight gain
- + Application: general prevention/control
- + Widely available on the internet and traditional Chinese medicine shops
- Only half of the ingredients is known



1 = (F. Li et al., 2016) 2= (Liu et al., 2011)

General information

Ganzhisan

- + Literature: decreased faecal egg count^{1*2*} worm count^{1*}, animal fully recovered
- + Application: specifically against liverfluke
- + Commercially available on the internet
- + All ingredients and percentage are known and available in traditional Chinese medicine shop



1 = (Zhong, 2012) 2 = (Zhou & Han, 2004)



General information

Bio-dewormer

+ Literature: decreased faecal egg count*, decreased worm count*, increased liveweight gain

+ Application:
for both *Haemonchus contortus* and *Fasciola hepatica*

- More research needed

- Availability of ingredients in the Netherlands unknown

(Abbas et al., 2020)

Fumaria parviflora

Implementation

- Could be feasible to grow this herb in the pasture, but the palatability still needs to be investigated.

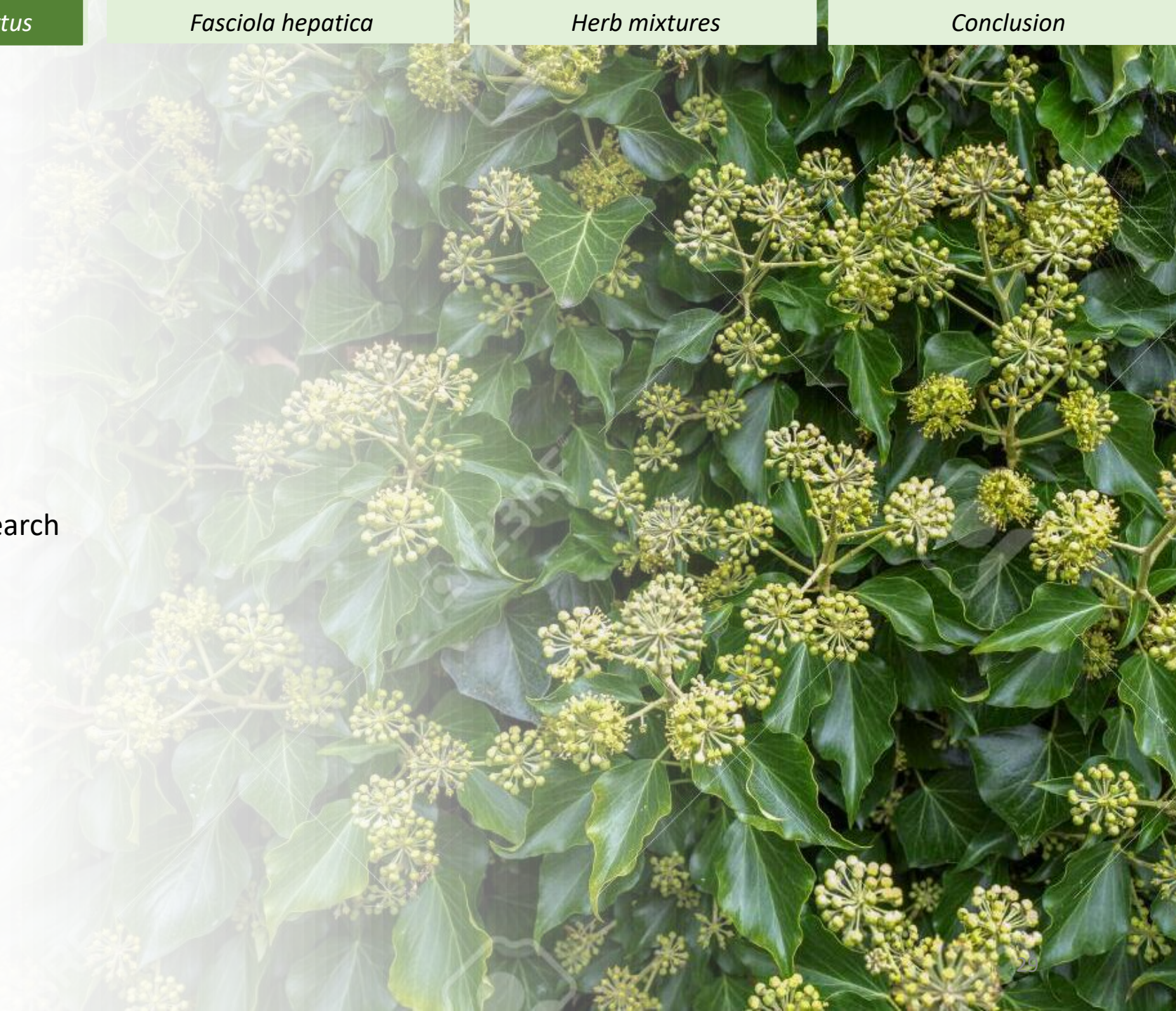




Hedera helix (hederae folium)

- + Literature: decreased faecal egg count*, decreased worm count*, less blood loss
- + Application in feed pellets
- Whole plant application needs more research
- Can outcompete other plant species

(Eguale, Tilahun, Debella, Feleke, & Makonnen, 2007)





Artemisia absinthium (wormwood)

- + Literature: decreased faecal egg count*, decreased worm count*,
- + Application in feed pellets
- Dose needs to be strictly obeyed¹

(Valderrábano, Calvete, & Uriarte, 2010), 1= (Tedje van Assoldonk)