

### Experiences and Results from Herbal Mastitis Control in Indian Smallholder Dairy

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### **Presentation overview**



- Brief about NDDB
- Dairying in India
- Mastitis in the Indian Context
  - A field approach to mastitis control
  - NDDB's experience
    - Mastitis Control
    - Ethno-Veterinary medicine (EVM)
  - Popularisation measures
  - Way forward
  - Acknowledgements





### **Brief about NDDB** National Dairy Development Board

Registered as society in September 1965, declared as an Institute of National Importance in 1987 by an Act of Parliament

### **Objectives:**

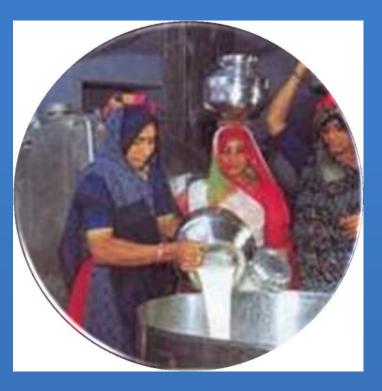
- To promote Anand Model of Cooperatives across the country
- To promote, finance and support producer-owned and controlled organizations
- $\bullet$ growth of such institutions

To strengthen farmer cooperatives and support national policies that are favorable to the





### Brief about NDDB The Anand pattern



15.4 million milk producers
165,835 village dairy cooperative societies

Local sales, sale of cattle feed, testing of milk , payment



### 210 district milk unions

Collects and processes milk, operates processing plants, provides inputs - health, breeding and cattle feed



### 25 State milk federations

Markets milk & milk products, coordinates inter-state sales



### **Brief about NDDB**



### **Operation Flood and other programmes by NDDB**

socio-economic development of millions of small and marginal farmers involved in dairying business. Report 1997c. Perspective plan □ National Dairy Plan : 2011-12 to 2018-19

### Year

Milk production in Million MT

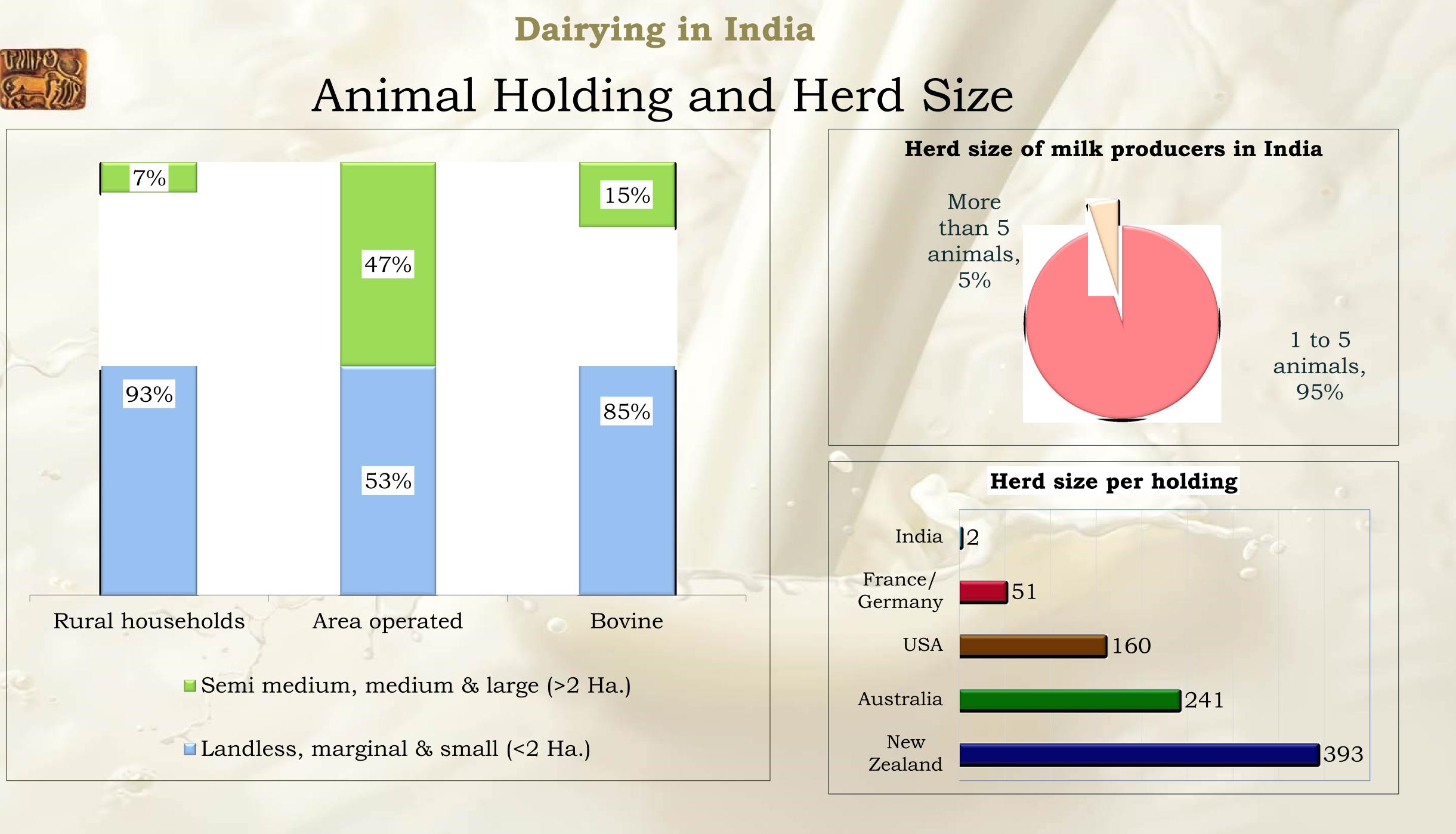
• Operation Flood (1970-1996): the dairy development programme undertaken by NDDB, made India self sufficient in milk and brought lasting changes in the

"A twenty-year experiment confirming the Rural Development Vision": World Bank

1970	1996	2018-19			
21.2	66.2	187.7			









## **Annual losses** Clinical ~40% Sub-clinical ~60%

INR 42 billion

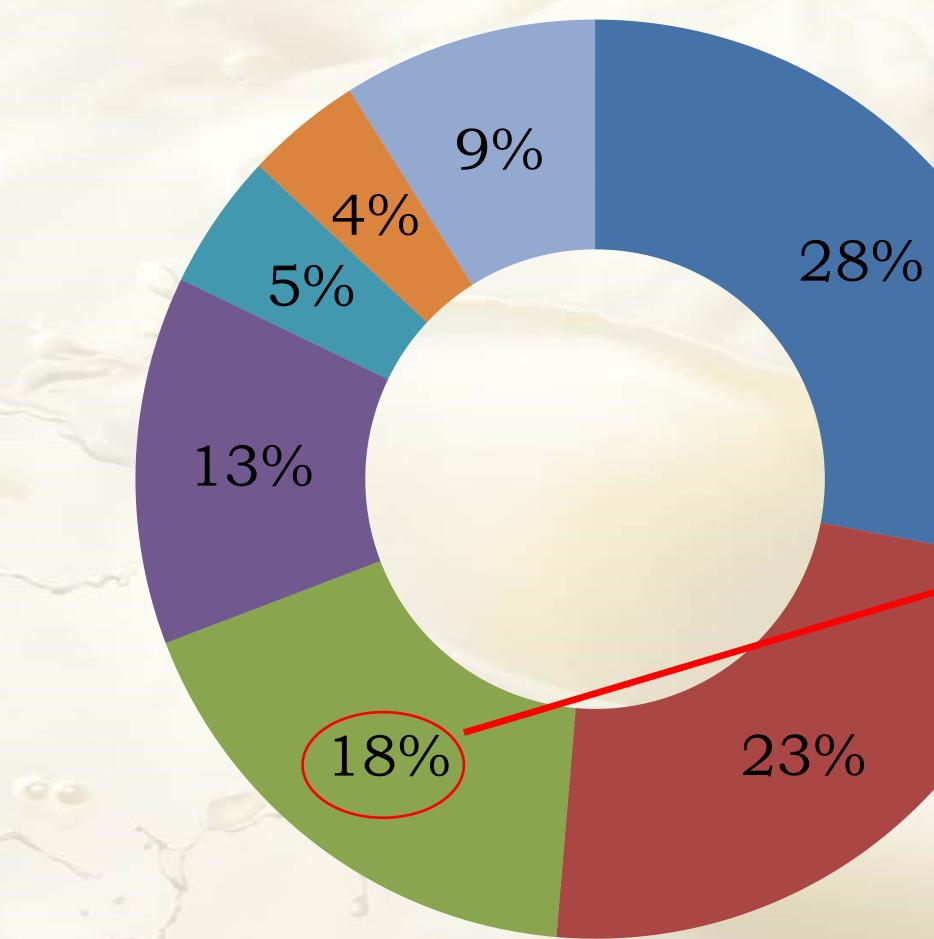
# **Mastitis in the Indian context** INR 72 billion (Bansal & Gupta, 2009) INR 30 billion

Cost per litre of cow milk considered (Fat-3.5%, SNF-8%) - Rs.11.40 Cost per litre of buffalo milk considered (Fat-7%, SNF-8.8%) - Rs.16.80



### Mastitis in the Indian context Disease trends as per INAPH\*





\*Information Network for Animal Productivity and Health – A national database for livestock

Digestive

General

**J**Udder

Reproductive

Musculo-skeletal

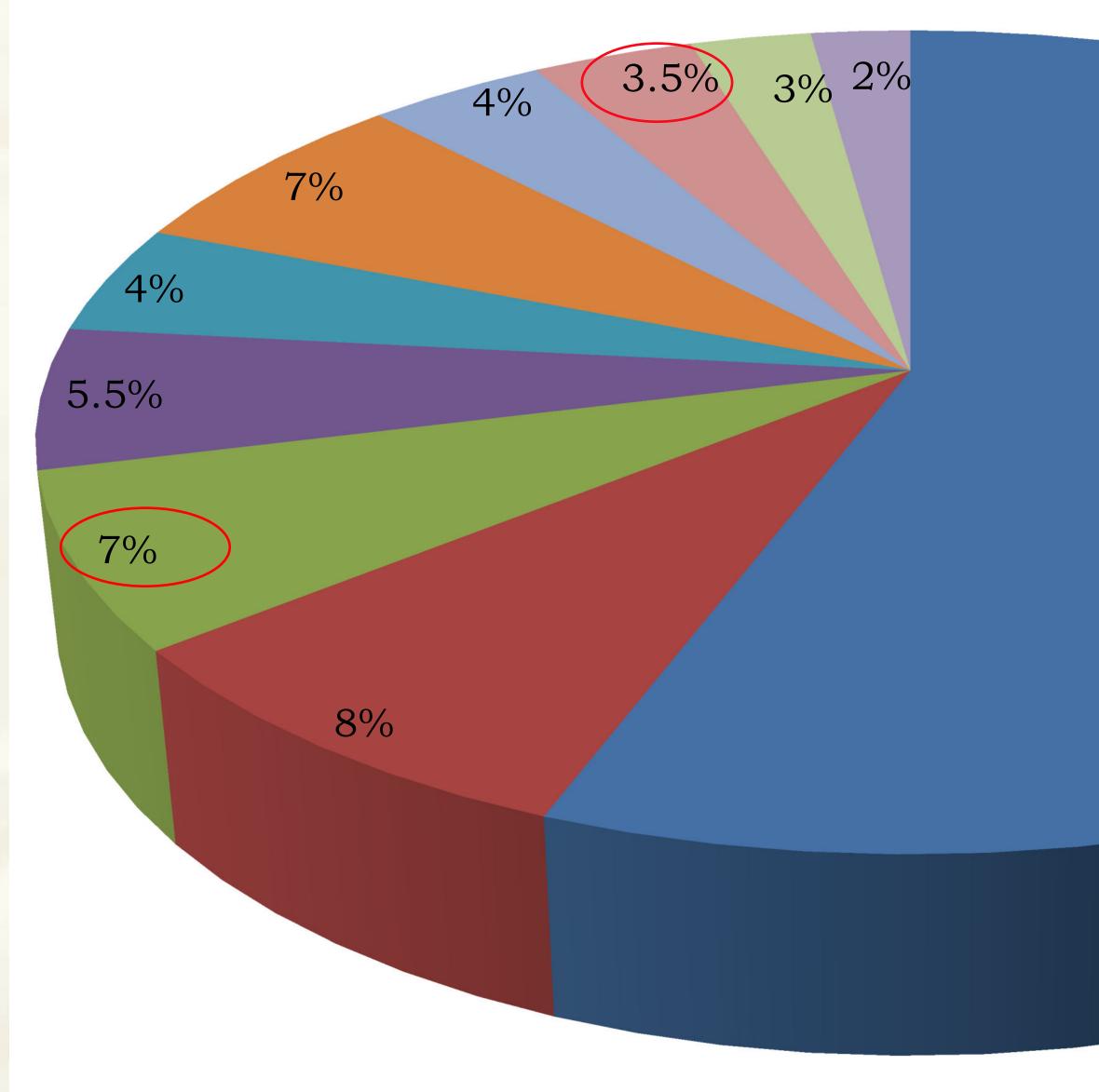
Metabolic

others



### Mastitis in the Indian context Udder condition trends recorded





56%

Clinical Mastitis Blood in Milk Chronic Mastitis Agalactia Impetigo Other Udder diseases

Fibrosis

 Subclinical Mastitis
 Mammilitis

Teat Obstruction





### **Mastitis in the Indian context** Challenges in mastitis control

- **Nature** of the disease:
  - Most unaware of the sub-clinical form 0
  - Repeated visits required for treating clinical forms Ο
  - Treatment unresponsive in most chronic forms
- A **large** population of in-milk cattle and buffalo (~90 million)
- Thin distribution of animals and myriad management systems
  - Only ~5 % of milk producers have a herd size of >5 milch animals 0
- ~85% of bovines are with landless, marginal and small farmers.
  - Treatment costs **prohibitive** to the majority of farmers Ο
- No national programme on mastitis control in India
- Antibiotic resistance
- Antibiotic residues in milk and milk products No incentives/disincentives





### Field approach in mastitis control The Concept

1. Awareness creation in villages

Field antibiotic kits

EVM

Homeopathy

3. Use of EVM for treating clinical mastitis cases

6. Rationalizing antibiotic usage Management of chronically infected animals

2. Detection and management of chronically infected animals 5. Identification of chronically infected animals 2. CMT at DCS

1. Detection and control of sub-clinical mastitis

Pooled milk sample from each farmer to identify those with CMT+ve animals

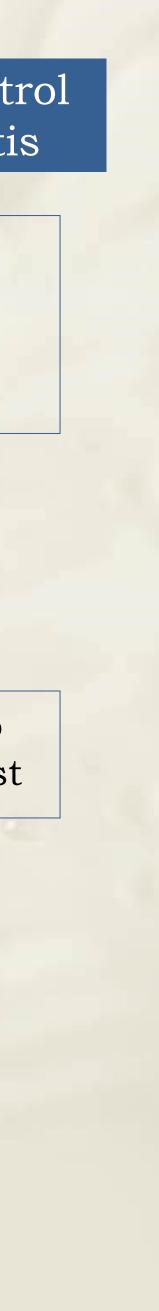
Dry cow therapy

3. Identify CMT +ve animals at farmers' homestead

Farmers also trained to test

Parenteral treatment in unresolved cases

> 4. Oral supplementation of TSC to CMT +ve animals





### **Field approach in mastitis control** Core components



**Awareness creation** •Village meetings • Extension material- calendars, posters, stick-ups, individual farmer meetings etc • Seminars



Identification of CMT positives milk CMT positive



Treatment of CMT positives •Trisodium citrate regimen to CMT positive animals •Antibiotic course to TSC non-responsive animals •Management of chronically infected animals

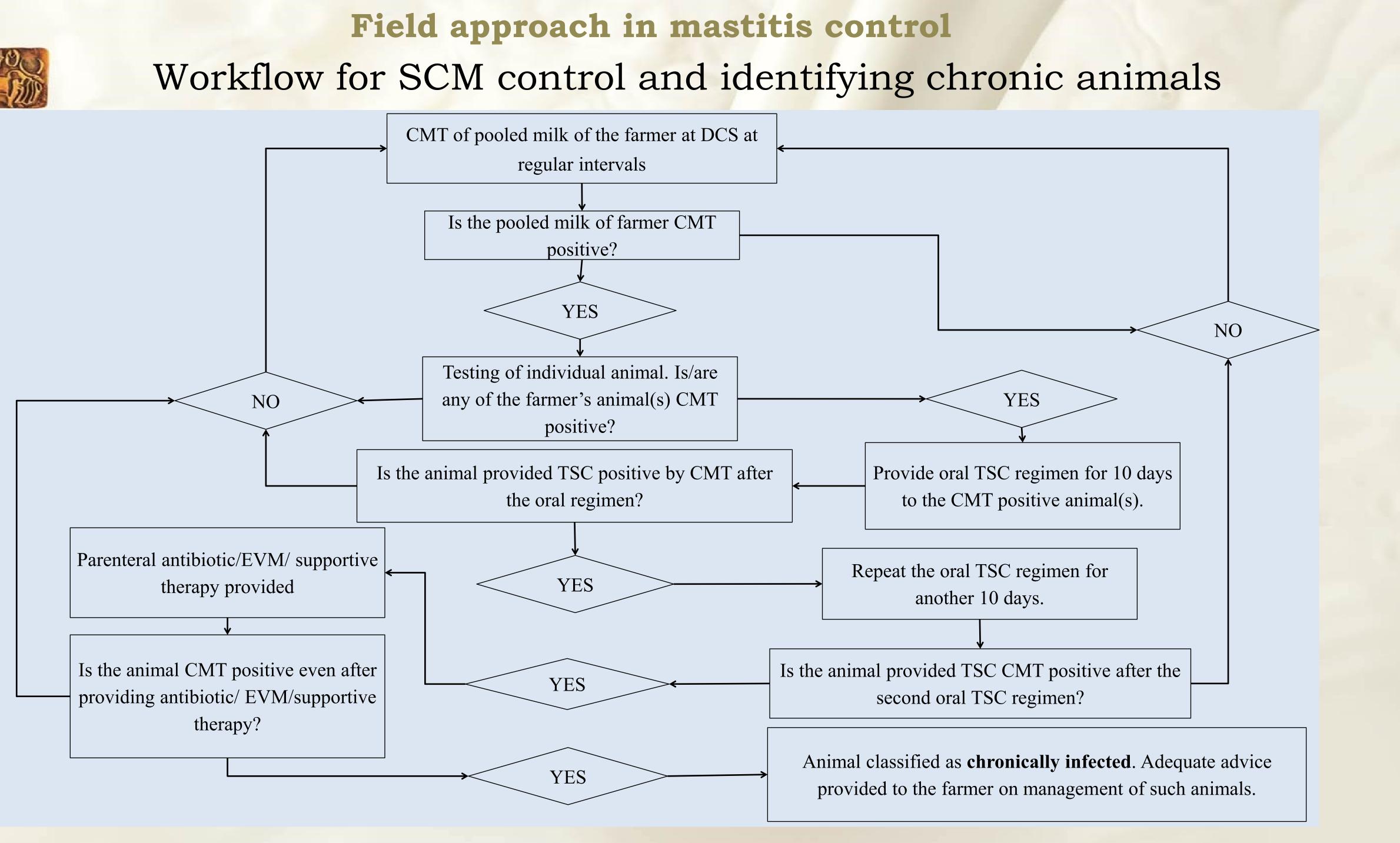
- •Bulk milk CMT of pooled cow & buff milk at DCS
- •Individual animal CMT testing at farmers' homestead if bulk

• Regular cycles of testing at DCS and individual animal level



# Field approach in mastitis control





### NDDB's experience- Project area

Districts

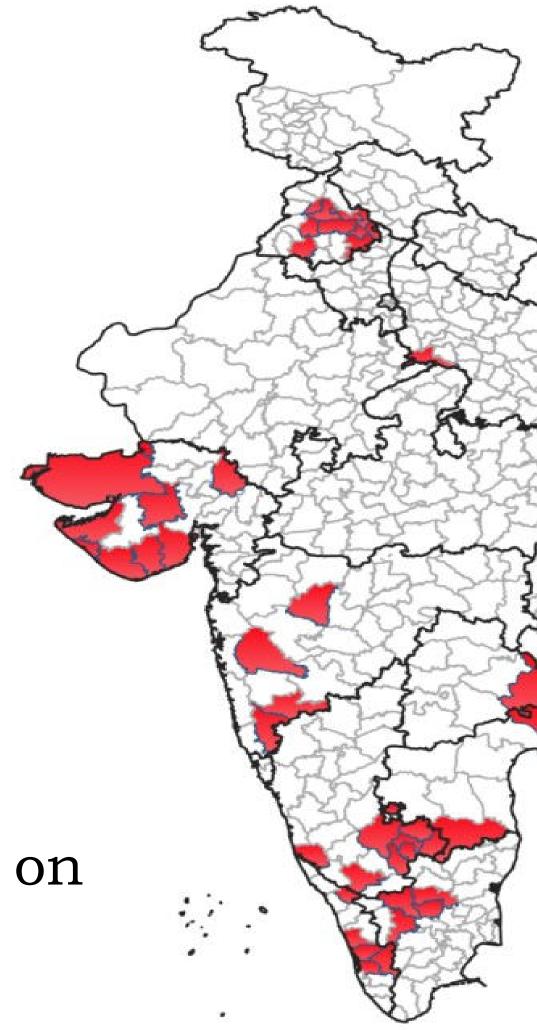
Other

Covered under MCPP



# Project coverage >1500 DCSs >25 Milk Unions 11 States

# Training 6853 Animal Husbandry personnel trained on EVM (1064 vets)



## **Period**Since 2016-17

### **Case records**

~5.2 lakh cases
 recorded for
 various ailments

### **Demo plots**

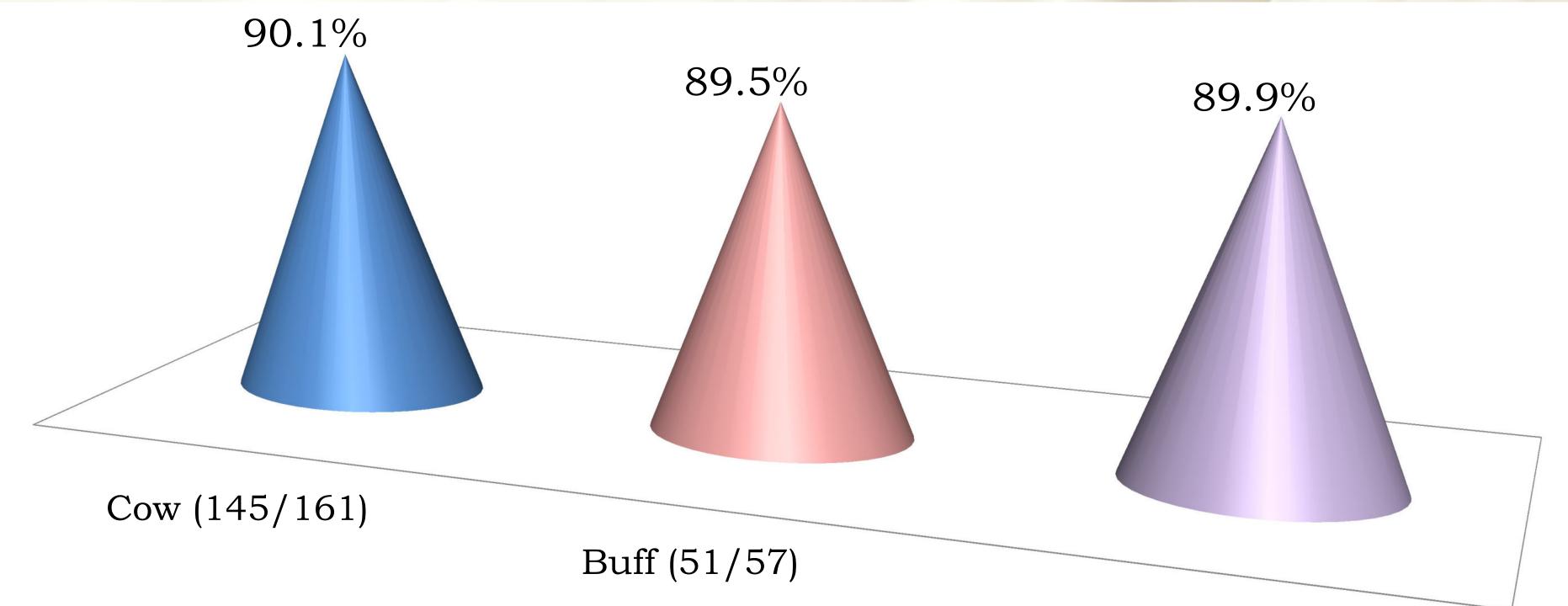
550 demo plots established



### **NDDB's experience- Mastitis Control**



### Effect of TSC on CMT results



> About 90% of the CMT positive animals became CMT negative after the first or second trisodium citrate (TSC) oral regimen. > The generic form of trisodium citrate (TSC) is 92% cheaper than branded products!

Total (196/218)



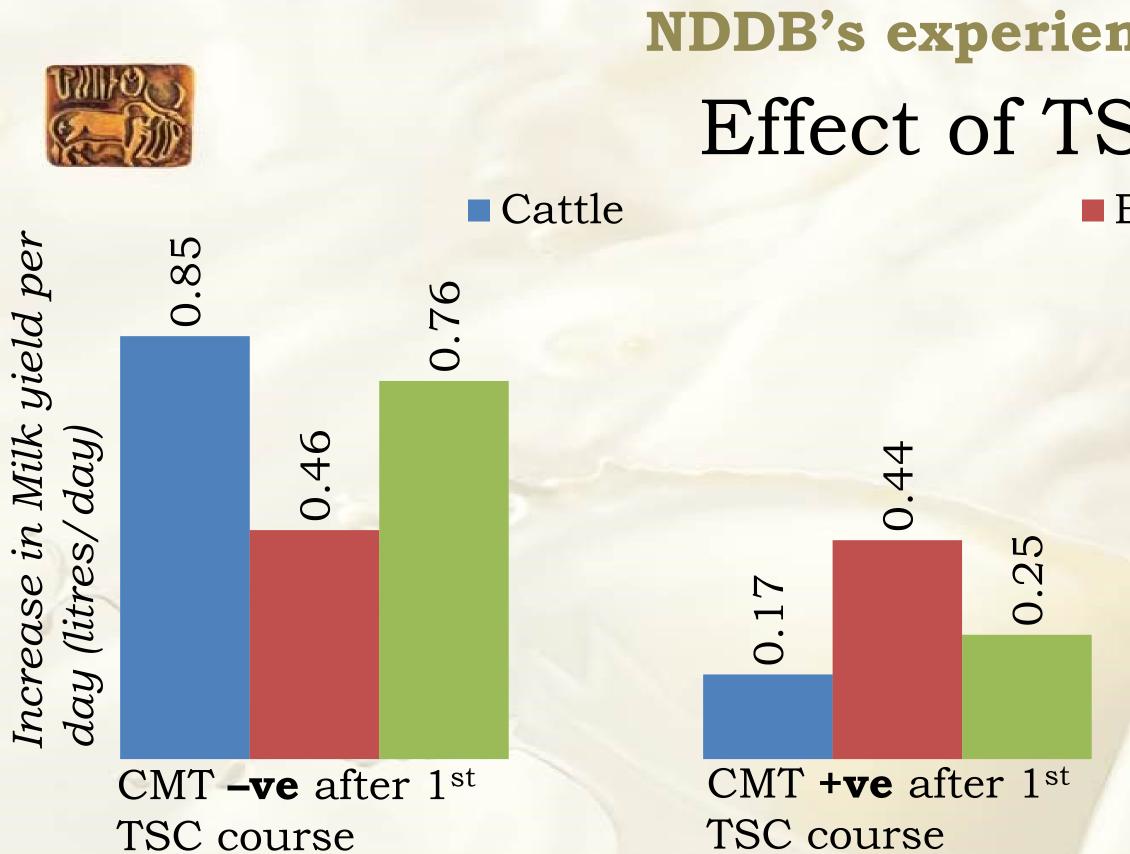


### Effect of TSC on CMT results on a larger population

S.no	Description	Numbers
1	Total animal-wise data available in INAPH on CMT positivity	22,876
2	Number of animals that tested negative after the first TSC regimen	14659 (64%)
3	Number of CMT positive animals that tested negative after the second TSC regimen	4789 (21%)
4	Total number of animals the turned CMT negative after 1 <sup>st</sup> or 2 <sup>nd</sup> TSC regimen (2+3)	19448 (85%)

### NDDB's experience- Mastitis Control



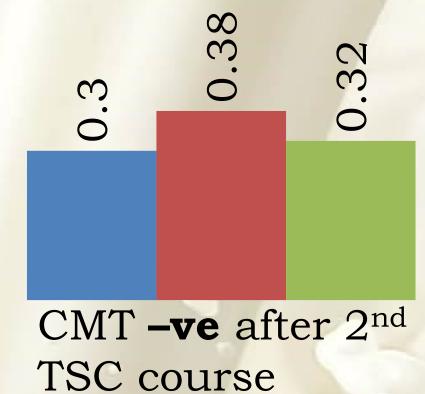


An average increase in daily milk yield of around 1 litre per day after 1-2 courses of TSC oral regimen in CMT positive animals.
 The TSC cost for a 10 day oral regimen (one course) is only around INR 25-30/- (<USD 0.5)</li>

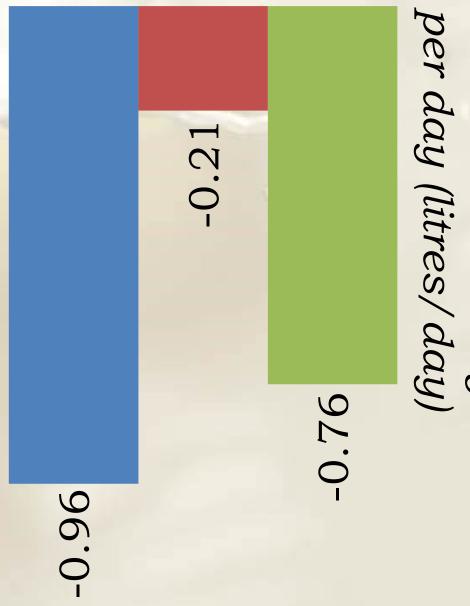
### **NDDB's experience- Mastitis Control** Effect of TSC on milk yield

Buffalo

Average



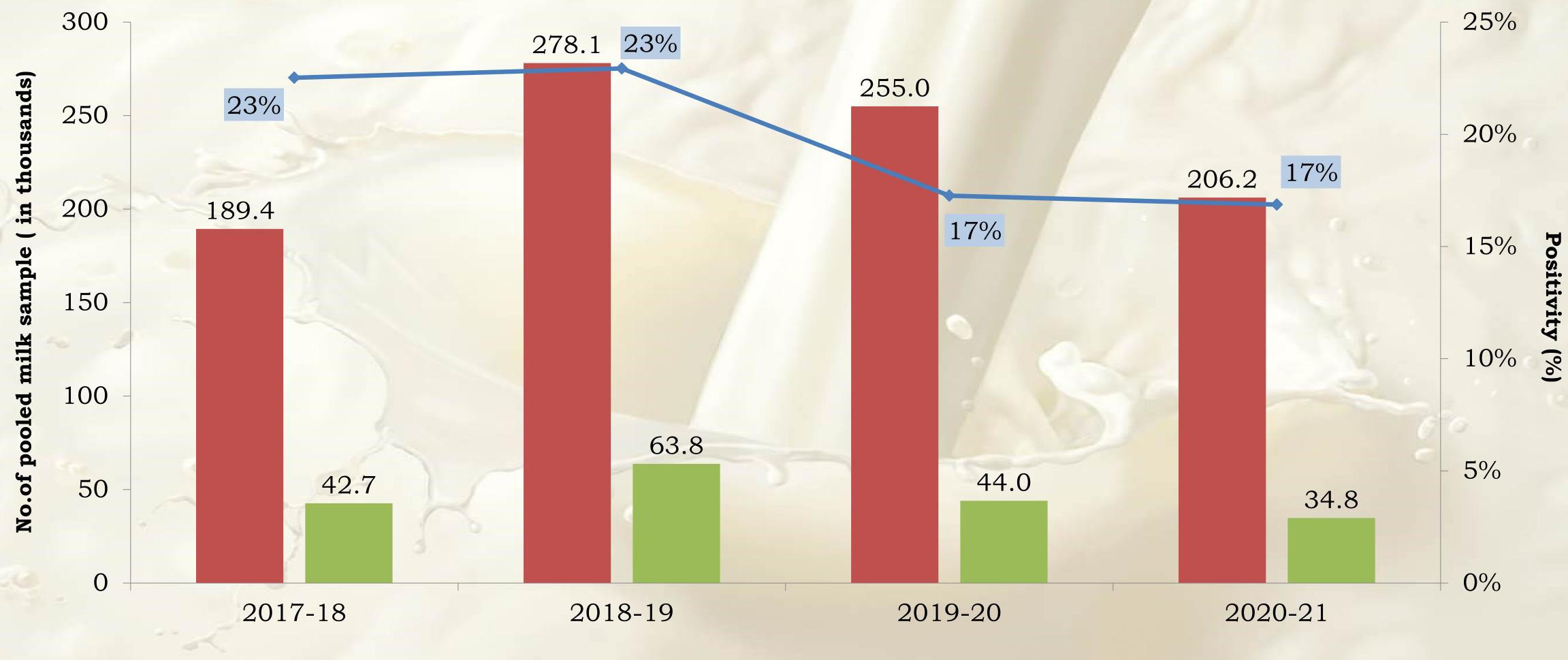
### CMT **+ve** after 2<sup>nd</sup> TSC course





### **NDDB's experience-Mastitis Control** Effect of field model on CMT positivity





Pooled milk samples tested by CMT



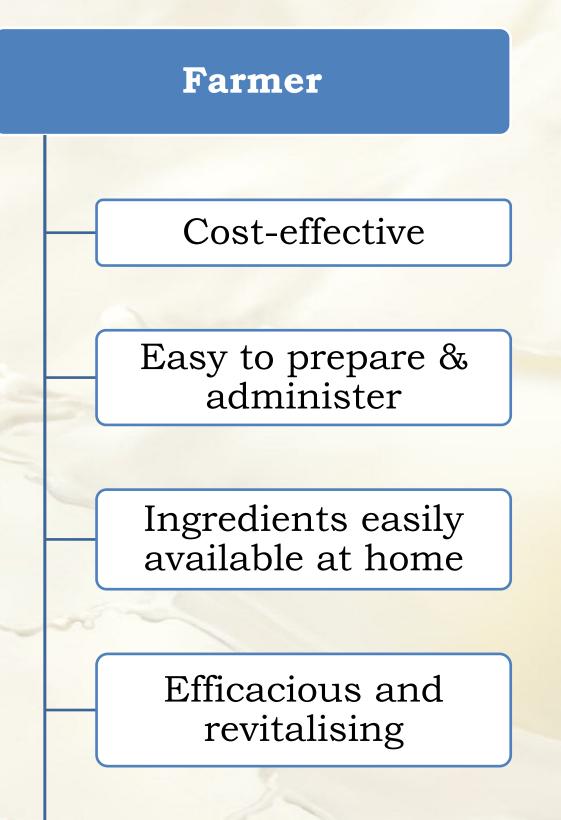
Pooled milk samples positive by CMT

CMT positivity (%)





### **NDDB's experience-EVM** The rationale

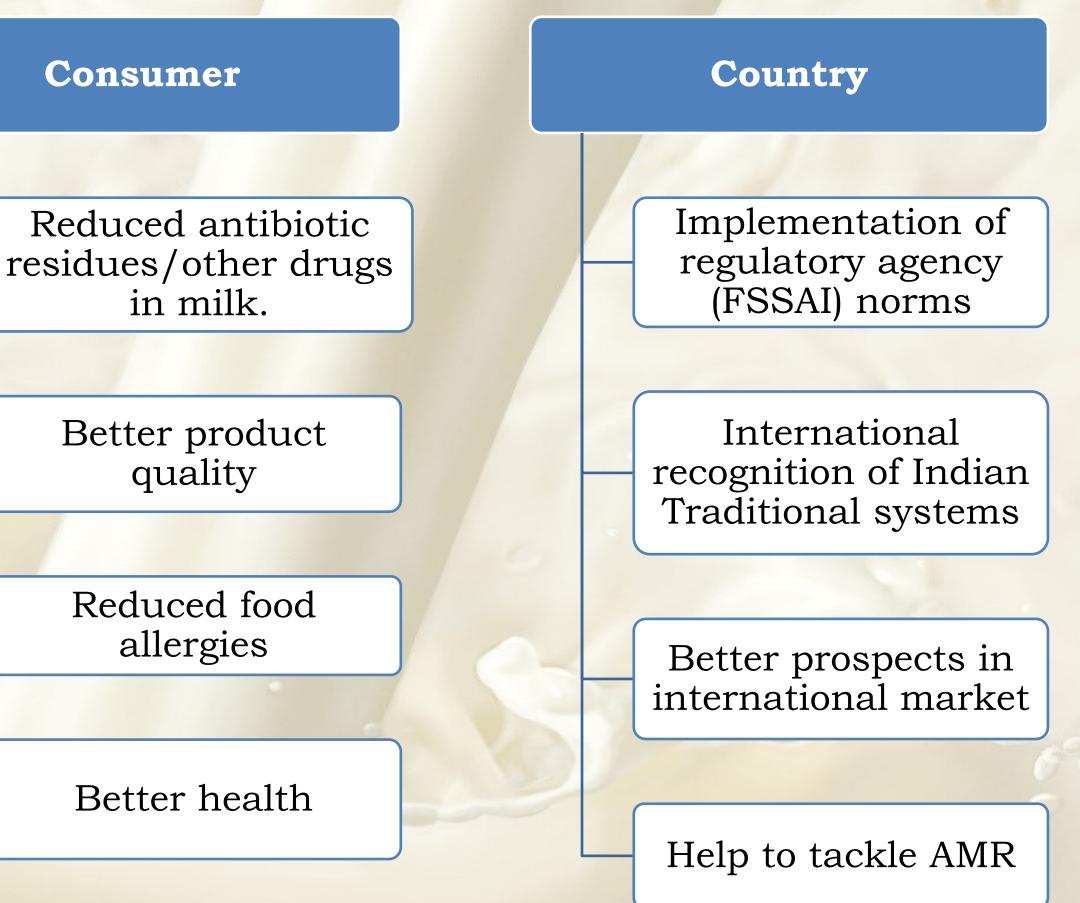


Non-invasive

No milk withdrawal

10.00

Provides an immediate option in remote areas







### Ailments

Mastitis

Bloat

Blood in milk

Deworming

Diarrhoea

Downer

Ectoparasites

Fever

FMD foot lesion

Prolapse

Repeat breeder Teat obstruction Udder Oedema Wart

Wound

### Ailments

Retention of placenta

Swelling of joints

Leucoderma

Anoestrus

Endometritis

Milk fever

Joint ill

Teilitis

Metritis

Pyometra

Cystic ovary

Poisoning

Indigestion

Agalactia

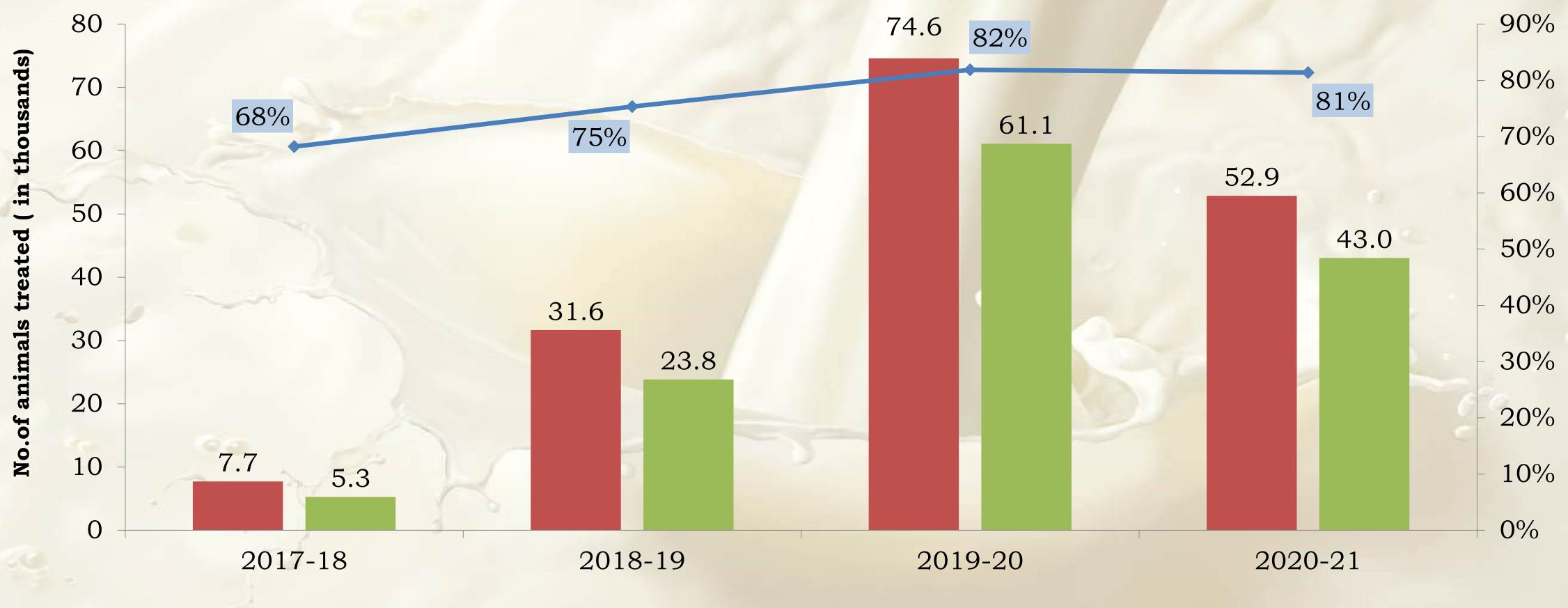
### NDDB's experience-EVM Cases treated by EVM 5,19,248 cases with 82% cure rate at present (2021)

8,100 cases with 68 % cure rate in 2017-18 Data captured through an online system





### **NDDB's experience-EVM** Cases of mastitis treated by EVM



No.of animals treated

No.of animals cured

→Cure rate



**NDDB's experience-EVM** EVM for all types of mastitis



### Mastitis (all types)



Aloe vera





EVM paste on udder for treatment of all types of mastitis

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Mustard or Gingelly oil



Botanical name	<b>Proportion use</b>				
Aloe vera	250 gm				
Curcuma longa (Turmeric)	50 gm				
Calcium hydroxide	15 gm				

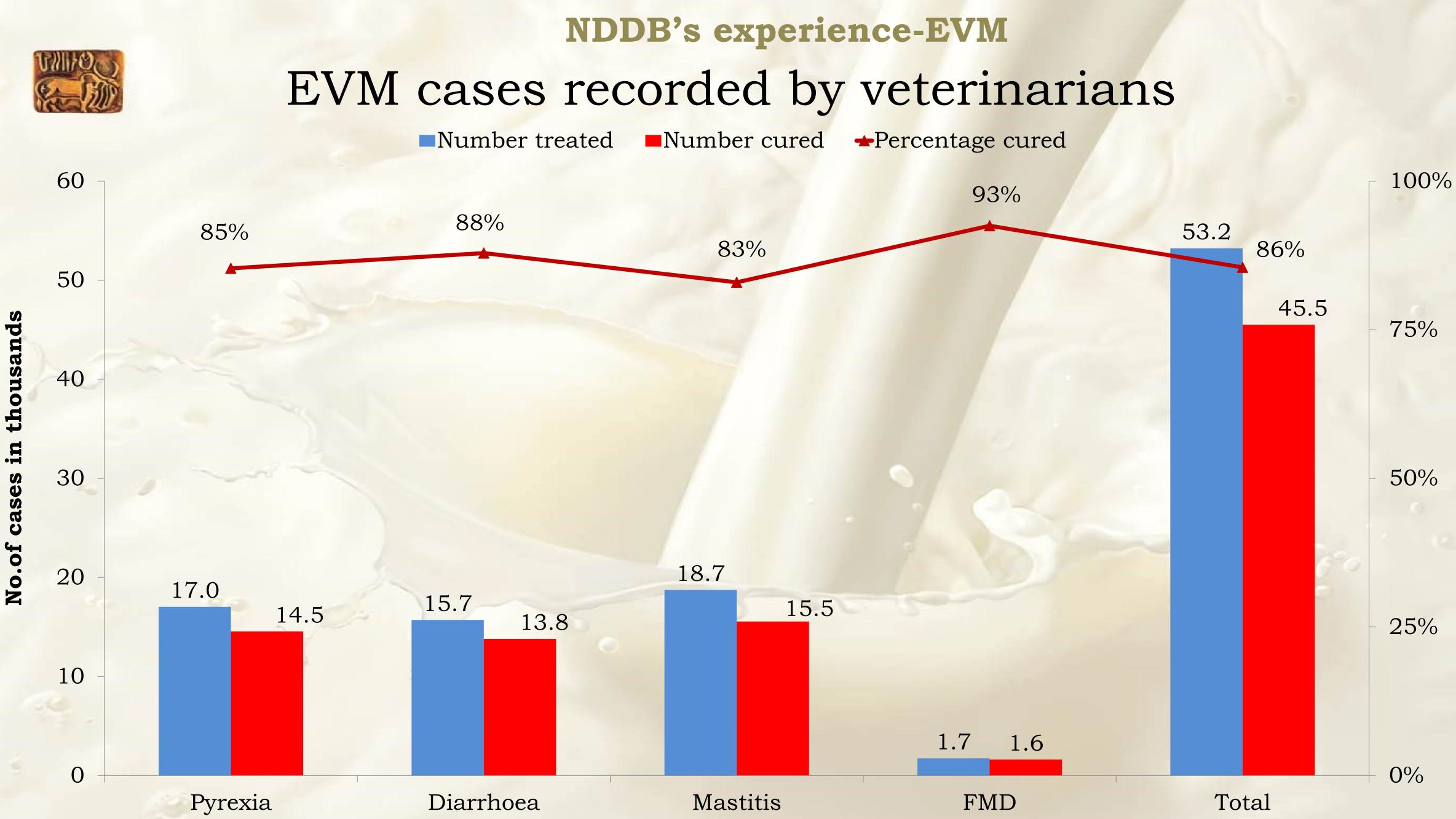






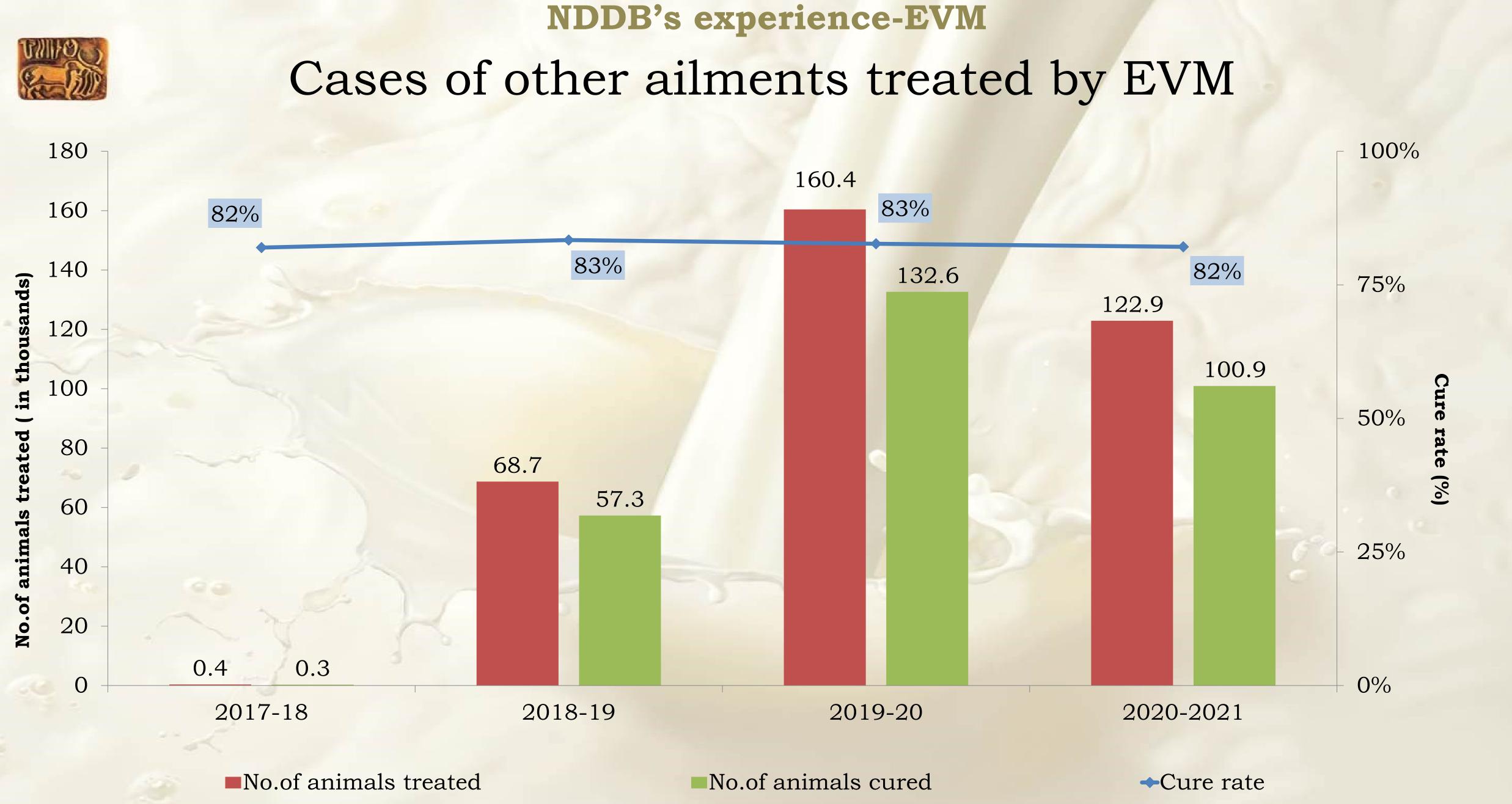




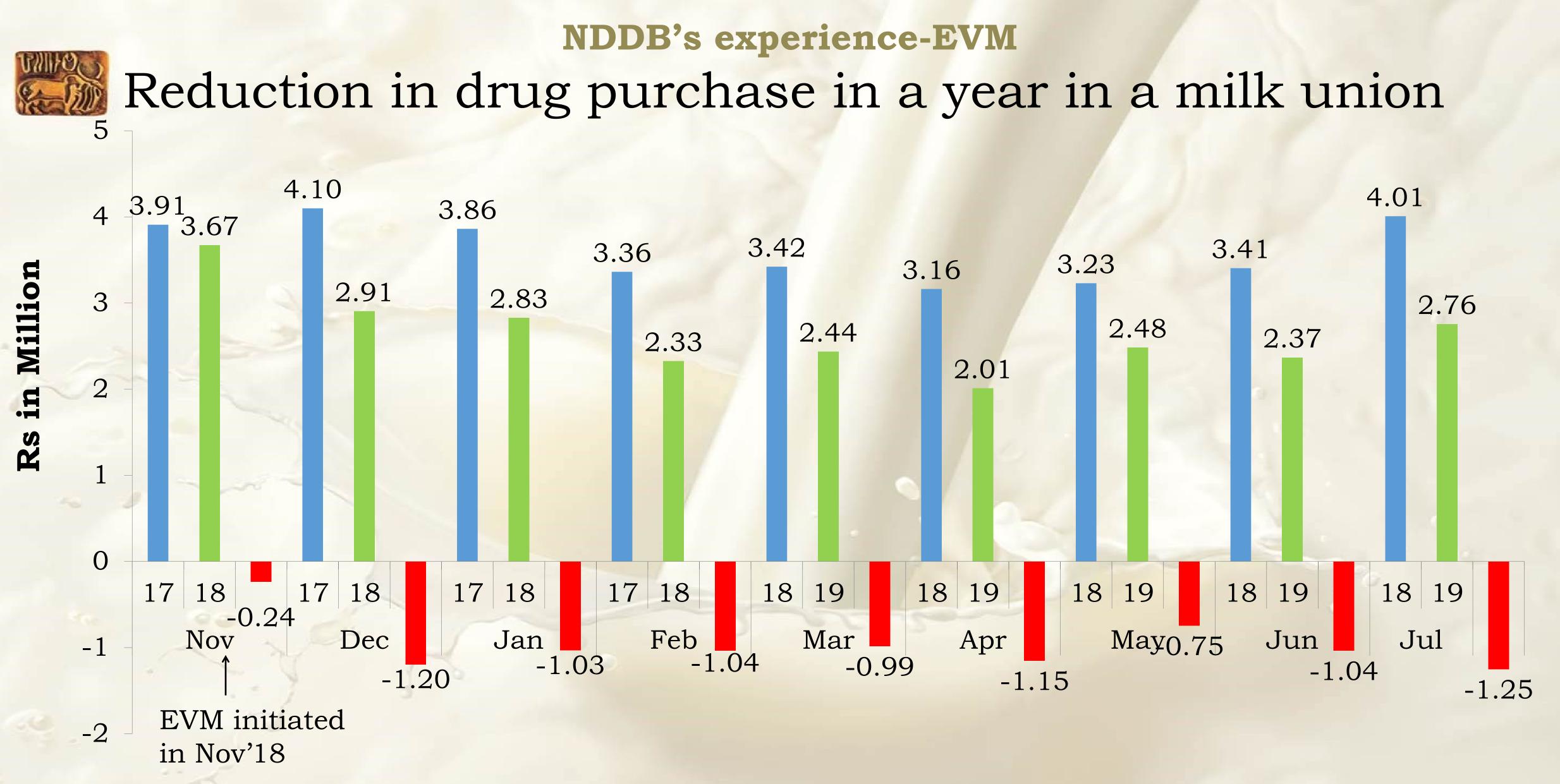


Pe entage rate

# **NDDB's experience-EVM**



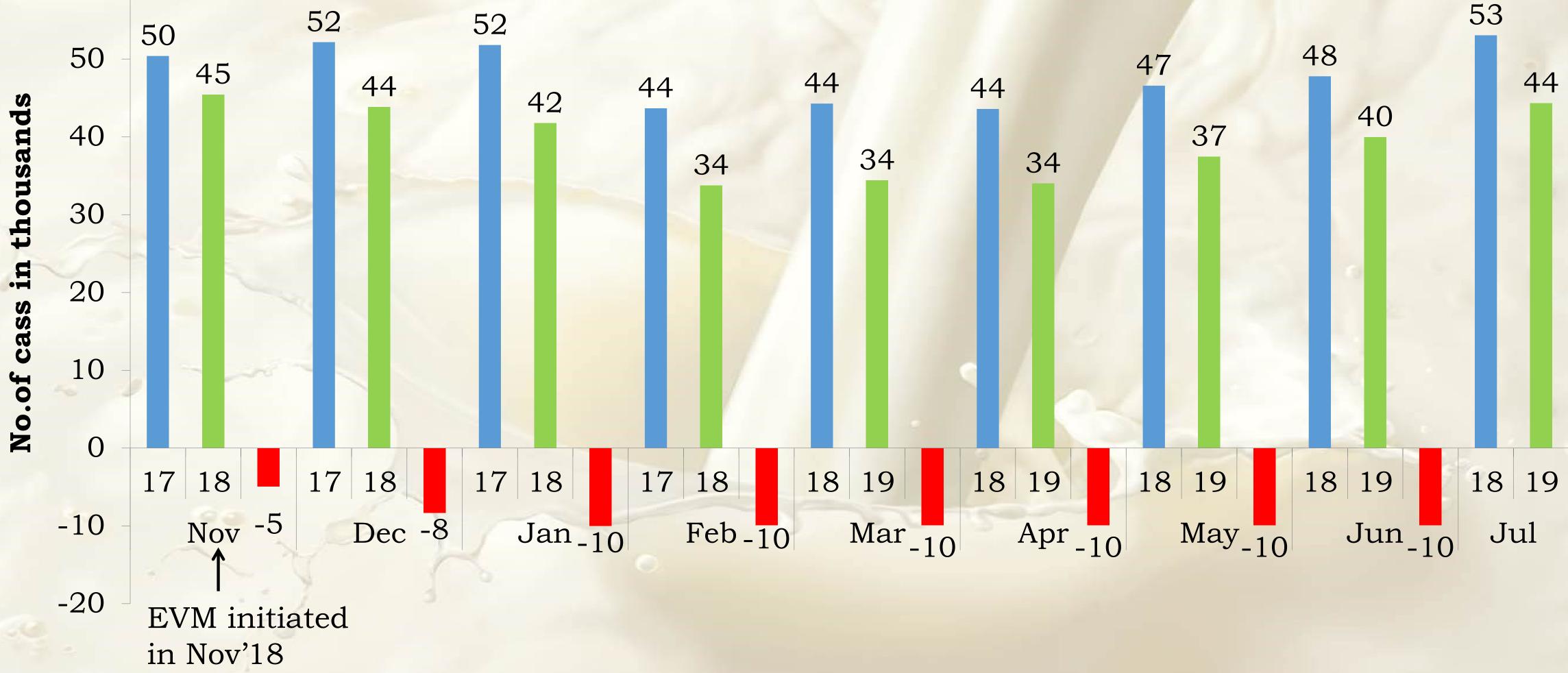




A reduction of INR 8.6 million in drug purchase from Nov'18 to July'19

### **NDDB's experience-EVM** EVM knowledge transfer to the farmer





> A reduction of 83,000 cases vs the previous year indicating knowledge transfer happening at the ground level to the farmer.



### **Popularisation measures** EVM booklets in 12 languages







### **Popularisation measures**



### Mastitis (all types)



Lime

**Oil based Preparation** 

Aloe vera (whole leaf) - 250 g; Turmeric powder -

50 g; Calcium hydroxide (lime) - 15 g; Lemon - 6

(i) Cut Aloe vera whole leaf into small pieces (after

removing the thorns).(ii) Blend along with turmeric

(i) Wash, clean and completely milk out all quarters

(including unaffected) and dry the udder.(ii) Take a

handful of the paste and add 200ml of mustard or

orally at a time (cut into halves) thrice a day for 3

no.s; Mustard or Gingelly oil - 600 ml.

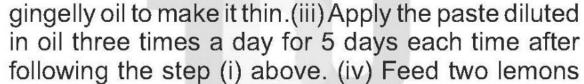
powder and lime to form a reddish paste.



Gingelly oil

**Turmeric Powder** 

knowledge to the farmer.



Lemon

**Preparation:** 

**Application:** 

Ingredients : For one day

Scan this QR code to view the /ideo on YouTube



days.

### QR codes for video links

• 15 video clips on preparation and application for different ailments prepared with voice overs in 12 languages = 180 clips, all available on YouTube. 16 more completed for 8 new ailments in Hindi and English, translation and dubbing process is underway.

• QR codes for each video in various vernacular languages (12) provided in the brochure for the particular ailment.

Main aim is to bring about transfer of





### **Popularisation measures** Posters for display

### NATIONAL DEVELOPMENT

### Mastitis (all types)





### Ingredients:

a) Aloe vera - 250 g; b) Turmeric- 50 g (rhizome or powder); c) Calcium Hydroxide (lime)-15 g; d) Lemon -2 nos.

### Preparation:

(i) Blend ingredients (a to c only) to form a eddish paste. (ii) Cut both lemons into half.

### Application:

(i) Make a handful of paste watery by adding 150-200 ml of water.(ii) Wash and clean the udder and apply the mixture throughout. (iii) Repeat application 10 times a day for 5 days. (iv) Feed 2 lemons twice daily for 3 days.

Note: For blood in milk, in addition to the above, make a paste of curry leaves (2 handfuls) and jaggery and eed orally twice daily till condition resolves.



Scan this QR code to view the video on YouTube



### Ingredients

Garlic- 2 pearls; Coriander- 10 g; Cumin-10 g; Tulsi- 1 handful; Dry cinnamon leaves-10 g; Black pepper-10 g; Betel leaves- 5 no.s; Shallots- 2 bulbs; Turmeric powder- 10 g; Chirata leaf powder-20 g; Sweet basil- 1 andful; Neem leaves- 1 handful; Jaggery- 100 g.

reparation

i) Soak cumin, pepper and coriander seeds in water for 15 mts. (ii) Blend and mix all ingredients to form a paste.

### Application:

i) Administer orally in small portions in the morning and



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Garlic- 10 pearls; Neem leaves- 1 handful; Neem fruit-1handful; Acorus rhizome- 10 g; Turmeric powder- 20 g; Lantana leaves- 1 handful; Tulsi

water. (iii) Strain with a fine sieve or muslin cloth.(iv)

### Application:

(i) Spray on the entire body of the animal. (ii) Also spray on any cracks and crevices in the cattle shed.(iii) Application can also be done using a cloth dipped in the solution.(iv) Repeat once a week till the condition resolves. (v) Do the application only during

### Teat obstruction



### naredients

Freshly plucked & clean neem leafstalk- 1; Furmeric powder; Butter or Ghee

### Preparation

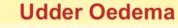
(i) Nip the neem leafstalk at the required length based on teat length. (ii) Coat the turmeric powder & butter/ghee mixture thoroughly on the neem leafstalk

### Application:

(i) Insert the coated neem leafstalk into the affected teat in an anti-clockwise direction.(ii) Replace with fresh neemstalk after each milking.



Scan this QR code to view the video on YouTube







Sesame or mustard oil - 200 ml; Turmeric powder-1 handful; Garlic-2 pearls.

### Preparation:

(i) Heat oil, add turmeric powder and sliced garlic. ii) Mix well and remove from flame just as the flavour develops (no need to boil). (iii) Allow to cool.

### Application:

(i) Apply in a circular manner with force over the entire oedematous region and udder. (ii) Apply 4 times a day for 3 days.

Note: Rule out mastitis before using the formulation.



Banana stem Common leucas Bitter gourd

### Ingredients:

Onion- 1 no; Garlic-5 pearls; Mustard seeds- 10 g; Neem leaves- 1 handful; Cumin- 10 g; Bitter gourd-50 g; Turmeric- 5 g; Pepper- 5 g; Banana stem- 100 g; Common leucas -1 handful; Jaggery- 100 g.

### Preparation:

Soak pepper, cumin and mustard seeds for 30 mts. (ii) Blend along with other ingredients to form a

### Application:

(i) Roll the paste into small balls. (ii) Administer in small portions with salt once daily for 3 days.

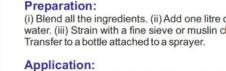


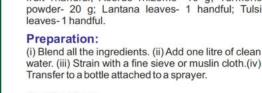
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### **ETHNOVETERINARY FORMULATIONS FOR IMPORTANT AILMENTS IN BOVINES**





Fenu gree

Onion

Ingredients: Fenugreek seeds - 10 g; Onion- 1 no.; Garlicpearl; Cumin seeds- 10 g; Turmeric- 10 g; Curry leaves-1 handful; Poppy seeds - 5 g; Pepper- 10 g; Jaggery-100 g; Asafoetida-5 g.

laggery

Asafoetida

Curry leaves

Diarrhoea

### Preparation:

(i) Dry fry cumin seeds, asafoetida, poppy seeds and fenugreek seeds till smoke emanates.(ii) Cool and powder the fried seeds.(iii) Blend it with rest of the ingredients to form a paste.

### Application:

(i) Roll the paste into small balls. (ii) Administer orally in small portions once daily for 1-3 days till condition cures



### Pox/wart/cracks

Scan this QR code to view

the video on YouTube





Garlic-5 pearls; Turmeric powder- 10 g; Cumin seeds-15 g; Sweet basil - 1 handful; Neem leaves -1 handful; Butter(preferred) or ghee-50 g.

Sweet basil

Cumin

### Preparation:

(i) Soak cumin seeds in water for 15 mts. (ii) Blend all ingredients to a fine paste. (iii) Add butter and mix

### Application:

(i) Apply on affected part as many times as possible till condition resolves. (ii) Apply after drying the skin surface.



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### **Retention of Placenta**



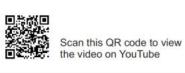
### Ingredients:

White radish - 1 full tuber; Lady's finger - 1.5 kg; Jaggery- as required; Salt- as required

Preparation: (i) Cut each lady's finger into 2 pieces.

### Application:

(i) Feed one full tuber radish within two hours of calving. (ii) Feed 1.5 Kg of fresh lady's finger with jaggery and salt if ROP persists after 8 hours of calving. (iii) In case ROP persists even after 12 hours of calving, tie a knot very close to the base and cut 2 inches below the knot and leave it. The knot will go in. (iv) Do not try to remove the retained placenta by hand. (v) Feed one full tuber of radish once a week for four weeks.



### **Bloat and Indigestion**



### Ingredients:

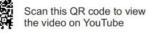
Onion- 100 g; Garlic-10 pearls; Dry Chilly- 2; Cumin seeds- 10 g; Turmeric -10 g; Jaggery- 100 g; Pepper-10 g; Betel leaves-10 no.s; Ginger-100 g

Preparation: (i) Soak pepper and cumin seeds for 30 mts. (ii) Blend along with other ingredients to form a paste.

### Application:

(i) Roll the paste into small balls. (ii) Administer orally in small portions with salt 3-4 times a day for 3 days.





### FMD foot lesions/wound



### Ingredients:

Tulsi

Acalypha indica leaves- 1 handful; Garlic-10 pearls; Neem leaves- 1 handful; Coconut or Sesame oil-250ml; Turmeric powder - 20 g; Mehndi leaves- 1 handful; Tulsi leaves - 1 handful.

### **Preparation:**

(i) Blend all the ingredients thoroughly. (ii) Mix with 250 ml coconut or sesame oil and boil and bring to

### **Application:**

(i) Clean the wound and apply directly or bandage with a medicated cloth. (ii) Apply Anona leaf paste or camphorated coconut oil for the first day only if maggots are present.



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### Prolapse



### Ingredients:

one pinch; Mimosa pudica leaves- 2 handfuls.

### Preparation:

### Application:

on the prolapsed mass. (iii) Apply M.pudica paste after the gel dries. (iv) Repeat till the condition improves



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### Repeat breeding



### Application:

(i) Start treatment on 1st or 2nd day of heat. (ii) Feed orally in fresh form in the following order once a day along with jaggery and salt: (a)1 white radish daily for 5 days (b) 1 Aloe vera leaf daily for 4 days.(c) 4 handfuls of moringa leaves for 4 days. (d) 4 handfuls of cissus stem for 4 days. (e) 4 handfuls of curry leaves with turmeric for 4 days (f) Repeat the treatment once again if the animal has not conceived



### Scan this QR code to view the video on YouTube

### FMD mouth lesions



### Ingredients:

Cumin seeds-10 g; Fenugreek seeds- 10 g; Black pepper- 10 g Turmeric powder - 10 g; Garlic- 4 pearls; Coconut- 1; Jaggery- 120 g.

### Preparation:

(i) Soak cumin, fenugreek and black pepper seeds in water for 20-30 mts. (ii) Blend all ingredients to a fine paste, (iii) Add 1 full grated coconut to the paste and mix by hand only. (iv) Prepare dose freshly for each application.

### Application:

(i) Apply inside the mouth, tongue and palate. (ii) Give the preparation thrice a day for 3 to 5 days.



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# Aloe vera ge

Aloe vera gel- from one full leaf; Turmeric powder-

(i) Remove the gel from a whole leaf. (ii) Wash it multiple times till the sliminess is reduced. (iii) Add a pinch of turmeric powder and boil to half the original volume and allow to cool (iv) Prepare a paste of M.

(i) Clean the prolapsed mass (ii) Sprinkle the gel









### **Popularisation measures**

### Android App (e-Gopala)

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### Way forward

- Global alliance on ethnoveterinary medicine.
- Inclusion in veterinary curriculum
- Linkages with premier traditional medicine institutes / practitioners.
- Research on the mode of action of formulations : Active principles, miRNAs ..
- Extensive use of various e-media in all major vernacular languages •
  - Brochures, posters and videos
  - E-Gopala App available on Google play store
- Animal wise documentation
  - Using Information network for animal productivity and health (INAPH)
  - E-Gopala app
- Documentation of success stories •

- Traditional herbal formulations for cattle and buffaloes- facebook page.

Formulations for chronic diseases – brucellosis, Bovine TB, anaplasmosis, theileriosis etc





### A win-win situation for all!

Increased productivity

Better milk & product quality

Reduction in milk spoilage

> Reduction in SCC & SPC

Reduction in mastitis cases

Benefits

Reduction in treatment costs

Reduced drug residues



### **Acknowledgements**











milma













# Thank you for your kind attention

Please visit us at :

NDDB Facebook/NDDB Dairy Knowledge portal

